National Conference on Family Planning 2019
Family Planning: Reaching the Unreached

Venue: Hotel Yak and Yeti, Kathmandu
Date: 18 March 2019 (4 Chaitra 2075, Monday)
Chief Guest: Hon'ble Deputy Prime Minister and Minister of Health and Population, Upendra Yadav
Chair: Director, Family Welfare Division, Dr. R.P. Bichha

<table>
<thead>
<tr>
<th>SN</th>
<th>Time</th>
<th>Program</th>
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<tbody>
<tr>
<td>1</td>
<td>8:00-9:30</td>
<td>Registration</td>
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<tr>
<td>2</td>
<td>9:30-9:40</td>
<td>Chairing and Badge Distribution to the Chief Guest and Distinguished Guests</td>
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<td>3</td>
<td>9:40-9:45</td>
<td>National Anthem/Lighting Panas</td>
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<td>4</td>
<td>9:45-9:50</td>
<td>Inauguration by the Chief Guest</td>
</tr>
<tr>
<td>5</td>
<td>10:00-10:10</td>
<td>Welcome Remarks and Presentation on Family Planning Situation in Nepal by Dr. R.P. Bichha, Director, Family Welfare Division</td>
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<tr>
<td>6</td>
<td>10:10-10:20</td>
<td>“Family Planning is a Human Right” by Lubna Baqi, Country Representative, UNFPA Nepal (Video FP2020)</td>
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<td>7</td>
<td>10:20-10:25</td>
<td>Release of NCFP Abstract Book by the Chief Guest</td>
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<td>8</td>
<td>10:25-10:30</td>
<td>Remarks by Dr. Jos Vandelaer, EDP Chair, Nepal</td>
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<td>9</td>
<td>10:30-10:35</td>
<td>Remarks by Dr. Josue Orellana, Director-Health &amp; Nutrition, ADRA International, USA</td>
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<td>10</td>
<td>10:35-10:40</td>
<td>Remarks by Dr. Shibesh Chandra Regmi, Chair, AIN</td>
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<td>11</td>
<td>10:40-10:45</td>
<td>Remarks by Head of the Mission/Health Director, USAID Nepal</td>
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<td>12</td>
<td>10:45-10:50</td>
<td>Remarks by Dr. Rurik Marsden, Head of the Office, DFID Nepal</td>
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<td>13</td>
<td>10:50-10:55</td>
<td>Remarks by Dr. Guna Raj Lohani, Director General, Department of Health Services</td>
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<td>14</td>
<td>10:55-11:00</td>
<td>Remarks by Dr. Sushil Nath Pyakurel, Chief Consultant, MoHP, Nepal</td>
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<td>15</td>
<td>11:00-11:05</td>
<td>Remarks by Dr. Pushpa Chaudhary, Secretary, MoHP, Nepal</td>
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<td>16</td>
<td>11:05-11:10</td>
<td>Remarks by Chandra Kumar Ghimire, Secretary, MoHP, Nepal</td>
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<td>17</td>
<td>11:10-11:15</td>
<td>Remark by the Chief Guest, Hon'ble Deputy Prime Minister and Minister of Health and Population</td>
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<tr>
<td>18</td>
<td>11:15-11:20</td>
<td>Closing Remarks by NCFP Chair, Dr. R.P. Bichha, Family Welfare Division</td>
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<tr>
<td>19</td>
<td>11:20-11:25</td>
<td>Group Photo with Chief Guest, Guests of Honor and other guests</td>
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<td>20</td>
<td>11:25-11:30</td>
<td>Observation of exhibition stalls by the Chief Guest, Guests of Honor and other guests</td>
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<tr>
<td>21</td>
<td>11:30-11:45</td>
<td>Refreshment</td>
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### Day 1: 18th March 2019, Monday

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<tr>
<th>Time</th>
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<tr>
<td>08:00-09:00</td>
<td>Registration – Lobby</td>
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<tr>
<td>09:00-11:20</td>
<td>Opening Ceremonies – Hall 1</td>
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<tr>
<td>09:00-11:20</td>
<td>Inaugural session (Chair person, Chief guest, Distinguished guests)</td>
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<tr>
<td></td>
<td>1. Welcome Remarks</td>
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<td></td>
<td>2. FP Situation in Nepal – Dr. R.P. Bichha, Director, Family Welfare Division</td>
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<td>3. Family Planning is a human right – UNFPA Country Representative, Lubna Baqi</td>
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<td>4. Remarks</td>
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<tr>
<td>11:20-11:45</td>
<td>Refreshment Break &amp; Photo session</td>
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<tr>
<td>11:45-12:45</td>
<td>Parallel Session 1 - Hall 1</td>
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<tr>
<td></td>
<td><strong>Met and unmet need of FP Services</strong></td>
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<tr>
<td></td>
<td><strong>Chair: Dr. Ram Sharan Pathak, CDPS, TU</strong></td>
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<td></td>
<td><strong>Co-chair: Dr. Binjwala Shrestha, IOM</strong></td>
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<td><strong>Presenters:</strong></td>
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<tr>
<td></td>
<td>Jiblal Pokharel</td>
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<td></td>
<td>Awareness and use of D’zire condom among urban Nepalese men</td>
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<td></td>
<td>Saugat Joshi</td>
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<td></td>
<td>Reasons for discontinuation of use and expulsion of immediate post-partum intrauterine device in Nepal</td>
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<td>Santosh Paudel</td>
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<td>Unmet need of family planning in a rural district Syangja, Nepal</td>
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<td></td>
<td>Navaraj Bhattarai</td>
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<td></td>
<td>Factors affecting the post abortion contraceptive uptake: An analysis of Ipas Nepal supported health facilities in Nepal</td>
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<tr>
<td>11:45-12:45</td>
<td>Parallel Session 2 - Hall 2</td>
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<tr>
<td></td>
<td><strong>Reaching the unreached population for FP services - A</strong></td>
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<tr>
<td></td>
<td><strong>Chair: Dr. Laxmi Raj Pathak</strong></td>
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<td></td>
<td><strong>Co-chair: Dr. Neeta Shrestha, UNFPA</strong></td>
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<td><strong>Presenters:</strong></td>
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<tr>
<td></td>
<td>Sangita Khatri</td>
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<td></td>
<td>Roving Auxiliary Nurses-Midwives (RANMs): A community-based approach to delivering reproductive health services to hard-to-reach (HTR) populations in Nepal</td>
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<td></td>
<td>Rajendra Gurung</td>
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<td></td>
<td>Can “skilled service provider visits” expand availability and uptake of Long Acting Reversible Contraceptive (LARC) services in rural Nepal?</td>
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<td></td>
<td>Tina Gurung</td>
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<td>A Visiting Service Provider with dedication and passion to reach the unreached</td>
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<tr>
<td>12:45-14:15</td>
<td>Refreshment Break &amp; Poster Exhibition</td>
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<tr>
<td>14:15-15:30</td>
<td>Plenary Session 1 – Hall 1</td>
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<td></td>
<td><strong>Stagnant mCPR: Exploring the reasons and way forward</strong></td>
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<td><strong>Presenter:</strong> Dr. Prakash Dev Pant, MITRA Samaj</td>
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<td><strong>Moderator:</strong> Sabitri Sapkota, Nyaya Health Nepal</td>
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<td><strong>Panelists:</strong></td>
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<tr>
<td></td>
<td>• Dr. R.P. Bichha, Director, Family Welfare Division</td>
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<td></td>
<td>• Mr. K.P. Bista, DG, FPAN</td>
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<td>• Dr. Y.B. Karki</td>
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<tr>
<td>15:30-16:00</td>
<td>Refreshment Break &amp; Poster Exhibition</td>
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<tr>
<td>16:00-17:00</td>
<td><strong>Parallel Session 3 - Hall 1</strong></td>
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<tr>
<td></td>
<td>Reaching the unreached population for FP services - B</td>
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<tr>
<td></td>
<td>Chair: Dr. Bal Krishna Subedi</td>
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<td>Co-chair: Sagar Dahal, Sr. PHA, MOSD, Province 1</td>
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<td><strong>Presenters:</strong></td>
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<tr>
<td></td>
<td>Reena Lama</td>
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<td></td>
<td>Women 4 women - Improving Sexual and Reproductive Health of Female Sex Workers in Nepal</td>
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<td></td>
<td>Kamala Devi Lamichhane</td>
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<td>Use of contraceptive methods among young married women in Nepal</td>
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<td></td>
<td>Tripti Dhakal</td>
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<td></td>
<td>Barriers and facilitators to use of family planning services among adolescents in Arghakhanchi: qualitative findings</td>
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<td>Sujit Kumar Sah</td>
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<td>Contraceptive Choices and Determinants of Low Uptake of Long Acting Reversible Contraceptives by Young People (15-24 Years) in Nepal</td>
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<td><strong>Parallel Session 4 - Hall 2</strong></td>
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<td></td>
<td>Demand generation and behavior change</td>
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<td>Chair: Mahendra Prasad Shrestha, Chief, HCD, MoHP</td>
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<td>Co-chair: Netra Prasad Bhatta, Sr. Program Specialist-FP/RH, USAID</td>
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<td><strong>Presenters:</strong></td>
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<tr>
<td></td>
<td>Naramaya Subba Limbu</td>
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<td>Integration of the Standard Days Method (Malachakra), a fertility awareness method, for women in marginalized communities of Rupandehi</td>
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<td>Rajan Parajuli</td>
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<td>Using Entertainment-Education to motivate FP Use</td>
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<td>Reena Bhagat</td>
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<td>Awareness and Practice of Family Planning Services among Married Women of Reproductive Age in a Rural Municipality of Saptari District, Nepal</td>
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<td>Sanjeev Kumar Sah</td>
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<td>A formative Research on understanding the situation and identifying needs, preference and enabling and impeding behaviors in among poor and marginalized women 9 districts of Nepal</td>
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Day 2: 19th March 2019, Tuesday

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>08:30-09:00</td>
<td>Registration – Lobby</td>
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<tr>
<td>09:00-10:30</td>
<td><strong>Plenary Session 2 – Hall 1</strong></td>
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<tr>
<td></td>
<td>Reaching the Unreached</td>
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<td><strong>Presenters:</strong></td>
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<td></td>
<td>Kabita Aryal, CNA, FWD - Unreached population, policies and programs......</td>
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<td></td>
<td>Deepak Karki - Achievements, issues, challenges and way forward: focusing unreached population</td>
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<td><strong>Moderator:</strong> Aarti Chaut</td>
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<td><strong>Panelists:</strong></td>
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<td>Tahir Hussain</td>
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<td>Deepa Pradhan, FPAN</td>
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<td>Ram Chandra Gaire</td>
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<td>Uma Koirala – FCHV, Sunsari</td>
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<tr>
<td>Time</td>
<td>Session/Panel</td>
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<tr>
<td>10:30-11:00</td>
<td>Refreshment Break</td>
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| 11:00-11:45  | Plenary Session 3 – Hall 1  
**Adding it up: Costs and benefits of meeting the contraceptive and maternal and newborn health needs of women in Nepal**  
*Presenters:* Dr. Aparna Sundaram & Dr. Mahesh Puri  
(Special Session of CREHPA and Gutmacher Institute)  
*Chair:* Dilli Raman Adhikari/Kabita Aryal |
| 11:45-12:45  | Parallel Session 5 - Hall 1  
**Expanding access to quality FP Services**  
*Chair:* Dr. Dipendra Raman Singh,  
Chief, QARD, MoHP  
*Co-chair:* Dr. Josue Orellana, Director-Health & Nutrition, ADRA-I  
*Presenters:*  
Matthew Moroni  
Investigating the quality of family planning counselling as part of routine antenatal care and its effectiveness among women in Nepal: a hospital-based qualitative study  
Mona Sharma  
Introduction of Mobile application in Sangini Quality Assurance Programme  
Chetraj Pandit  
Assessment of the Integration of Family Planning & Expanded Programme of Immunization (EPI) in Selected Districts of Nepal 2017  
Prapti Sedhain  
Balanced Counselling Increased the Acceptance of Long Acting Reversible Contraceptives in Nepal  
*Sponsor:* DFID  
*Chair:* Dr. Senendra Raj Upreti, Former Acting DG, DoHS, MoHP, Nepal  
*Co-chair:* Nichola Cadge, International Health Advisor, DFID Nepal  
*Presenters:*  
Dr Roshani Amatya  
Strengthening Quality Improvement system In Family Planning Services  
Ashmin Hari Bhattarai  
Improving family planning service delivery and contraceptive uptake: experience from “Family Planning Service Strengthening Program”  
Basant Thapa  
Strengthening Family Planning and HIV Service Integration in Non-Governmental Organization Healthcare Settings: Experience from USAID-funded Saath-Saath Project  
Indra Bilas Baral  
Institutional Systems and Capacities of Municipalities and Health Facilities to Deliver Family Planning Services |
| 12:45-14:00  | Refreshment Break & Poster Exhibition                                                                 |
| 14:00-15:30  | Plenary Session 4 – Hall 1  
**FP in changed context**  
*Presenters:*  
• Dr. Guna Nidhi Sharma, PPMD, MoHP - FP financing: Resource generation and mobilization  
*Moderator:* Dr. Khem Bahadur Karki  
*Panelists:*  
• Dr. Pushpa Chaudhary, Health Secretary  
• Dr. Pramod Yadav, Director, Health Directorate, Province 2 |
### Closing Ceremony

<table>
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<tr>
<th>SN</th>
<th>Time</th>
<th>Closing Ceremony</th>
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<tbody>
<tr>
<td>1.</td>
<td>16:30-16:35</td>
<td>Chairing of Chief Guest and Distinguished Guests</td>
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<td>2.</td>
<td>16:35-16:40</td>
<td>Screening of NCFP</td>
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<td>3.</td>
<td>16:40-17:05</td>
<td>Acknowledging NCFP Secretariat and teams (Certificates and token)</td>
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<td>4.</td>
<td>17:05-17:10</td>
<td>Remarks by Hon'ble Usha Jha, Member, National Planning Commission</td>
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<td>5.</td>
<td>17:10-17:15</td>
<td>Remarks by Lubna Baqi, Country Representative, UNFPA Nepal</td>
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<td>17:15-17:20</td>
<td>Remarks by Dr. Pushpa Chaudhary, Secretary, MoHP, Nepal</td>
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<td>7.</td>
<td>17:20-17:25</td>
<td>Closing Remarks by the <strong>Chief Guest</strong>, Hon'ble Minister for Health and Population</td>
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<td>8.</td>
<td>17:25-17:30</td>
<td>Closing Remarks by NCFP Chair, Dr. R.P. Bichha, Family Welfare Division</td>
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